



Dovers Green School



Reaching up, Reaching out

The Dovers Download



Weekly parent communication

*“Strong relationships are the backbone of our success.” Ofsted.
Clear communication helps us build them.*

Week commencing: 12th October 2026

What you need to do this week

What is coming up in October

- **Wednesday 14th October** Nasal Flu: all year groups
(unless you have not given consent)
- **Thursday 15th October – National Autistic Society (NAS) parents/carers information**
from 09.00am – 10.00am
- **Thursday 15th October – Halloween School Disco Session one – 3.45pm – 4.45pm**
Session two – 5.00 – 6.00pm
- **Friday 16th October:** PTA Non-uniform day
& start of October half term (normal finish time 3.05pm)
- There are two ways to pay for PTA Non-uniform day a one-off yearly payment of £10.00 or
on each non-uniform day a payment of £1.00 please see below a link on how to pay.

[Purchasing School Shop items on the Parent Portal or Parent App – Arbor Help Centre](#)

PE Days and Forest School Days:

Red Ladybirds

PE:- Tuesday & Forest School is Wednesday

Yellow Ladybirds

PE:- Wednesday & Forest School is Friday

Dragonflies

PE: Monday & Fridays & Forest School is Thursday

Fireflies

PE: Monday & **Thursday** & Forest School is **Friday**

Bumblebees

PE: Monday & Tuesday & Forest School is Thursday

Grasshoppers

PE: Monday & Wednesday & Forest School is Tuesday

Butterflies

All Butterflies children do their PE on Tuesday

Whole-school dates

Dates for the Diary

Autumn Term: Tuesday 1st September - Friday 18th December

Monday 12th October	Deadline Braiswick photography to order online
Tuesday 13th October	Harvest Assembly – (No Parents) – We are collecting for Love Works (food bank), please bring the following dried pasta, rice, tinned soups, fruit and other long-life item and donation is very much appreciated.
Wednesday 14 th October	Nasal Flu spray for all year groups Please note if you haven't given consent, they will not receive this!
Thursday 15 th October	<u>National Autistic Society (NAS)</u> Parent Carer Information Session 09.00 – 10.00am PTA Halloween Glow Disco - Session 1: 3:45pm - 4:45pm, Session 2: 5:00pm - 6:00pm
Friday 16 th October	PTA Non-Uniform day!
Friday 16 th October	End of October term – 3.05pm finish
Monday 19 th – Friday 30 th October	October half – term
Monday 2 nd November	Children return to school

Whole-school notices

Thank you! 🍏 🍏

A big thank you to everyone who has been parking respectfully and considerately around our school. Your support makes a real difference in helping to keep our children, families and wider community safe.

Safe and considerate parking continues to be a school priority, and we will continue to work proactively with our community to help ensure everyone feels happy and safe around Dovers Green.

Wet Weather Reminder 🌧️

As summer comes to an end, please remember to send children to school with a coat and appropriate clothing for wet weather.

We aim to get our children outdoors as much as possible, whatever the weather, so suitable clothing really helps us to achieve this.

Thank you for your support! 🍏 🍏



This week at Dovers

Meet our new Playground Friends!
Helping everyone feel seen, heard and included.
Our Playground Friends encourage positive relationships and support children to resolve playground disagreements calmly.



✨ This week at Dovers Green...



Another lovely week of learning,
belonging and being together. 🟢 🟡



Reception

Ladybird's week of fun!

- We have started 'Drawing Club' and have let our imaginations run wild, when thinking about the story 'We're Going on a Bear Hunt'!
- We have learnt four new sounds in our phonics lesson: i, n, p and g and have started to push these sounds together (blend) to make words.
- We have been learning how to 'subitise' - this means we know how many objects there are, without counting them!
- We have been learning two songs for our Harvest Festival assembly!

Please remember:

- To read every day!
- To upload a photograph to Seesaw of your child being responsible and helping at home with a job, such as tidying their room, or washing up!



Key date: The childrens' heights and weights will be measured on Wednesday 14th October.

Year 1

In year 1 we have been exploring the text, Where the Wild Things Are and using the story to inspire our writing in Drawing Club, where we have been focusing on extending a sentence with the conjunction, 'and'. In Maths we have been comparing and ordering numbers within 10 and recognising the numbers as words.

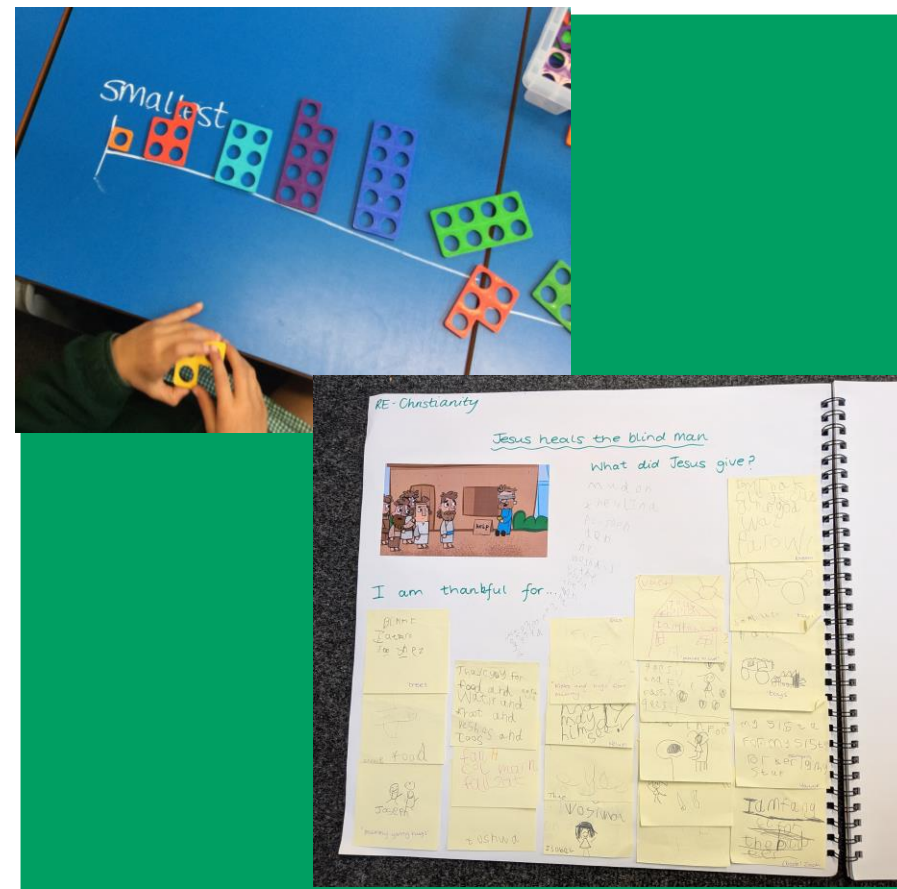
In RE we have been discussing which books are special to us and why. We have found out that the bible is special to Christians because it is a collection of stories that are all about God, giving love and God's creation. Despite it only being October, we did have to mention the big C word....We have all made amazing Christmas cards ready to go to the printers!

How can I help my child at home?

Ask questions e.g Is 8 greater than or less than 4?
Practice counting from 11-20, saying, writing, and making those numbers.
Listen to your child read and record it in their reading diary.
Read stories together to share the love of books and reading.

KEY INFORMATION:

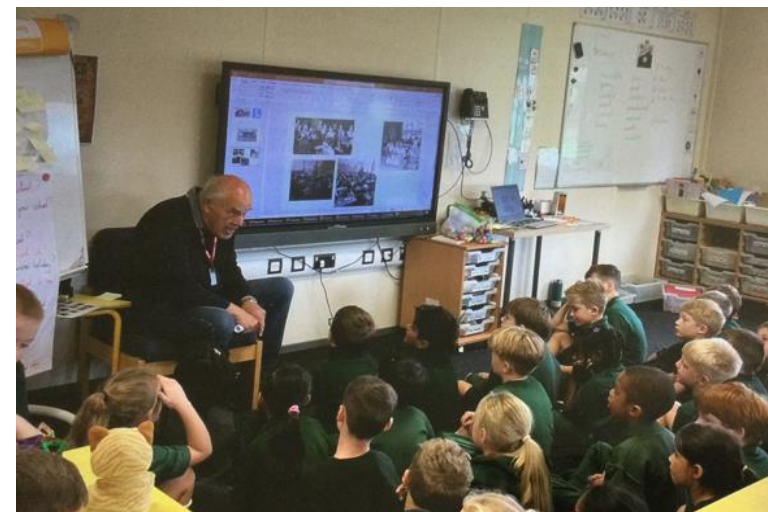
Fireflies PE days have changed from Monday and Friday to Monday and Thursday.
Fireflies Forest School will now usually be on a Friday (please see SeeSaw).



Year 2

In Year 2 this week we have started to work on addition. We started the week by exploring adding 3 1-digit numbers and focused on looking for patterns eg $7 + 4 + 3 =$ You can make a number bond to 10 with 7 and 3 then add the 4. In writing we have been innovating! We have chosen our own animals to add into the story that they have learnt. The children have impressed us with their use of noun phrases and expressive language. In PE we have been linking together zig zag and spin moves into a fluid sequence. In history we have been investigating how school life has changed within our living memory. Our visitor spoke to the children about his primary school and bravely answered lots of their questions- including, "Did you ride to school on a cart!"

Support in maths top tip! Practise counting in 10s from different numbers eg 23-33-43-53 This really supports their mental maths skills for addition.



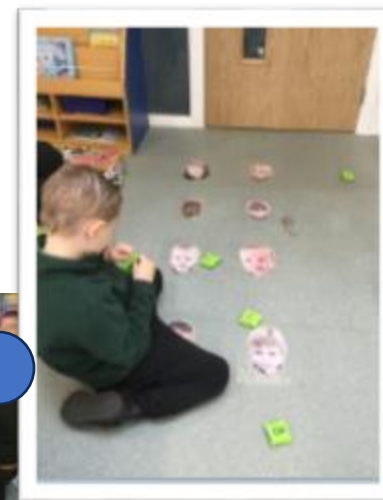
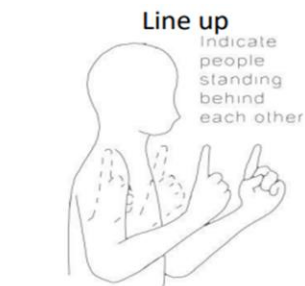
Admiral Butterflies

Key messages, celebration and practical reminders for Butterflies families.

We have been practising how to line up ready to transition to different parts of the school. We have learnt the Makaton sign for line up and our images on the floor help us know where in the line we need to stand.

Please remember:

Waterproof clothing will be needed in school after half term to allow the children to explore in all weathers. A change of clothes in school is also helpful so that children have their personal things to wear if they get wet.



Emperor Butterflies

Key messages, celebration and practical reminders for Butterflies families.

This week we have been practising routines. We can now sit for singing time and participate in our own way. We can also say 'good afternoon' using visuals, makaton and verbally for some of us. We can also sit for lunch time and some of us have started to explore the school dinners be it looking, touching with hands and trying the new foods. We are developing our independence every day!

Please remember to send in waterproofs and wellies and spare clothes where necessary.

Link to our favourite song: https://youtu.be/eBVqcTEC3zQ?si=2Thm_gBRyNwUb4pO

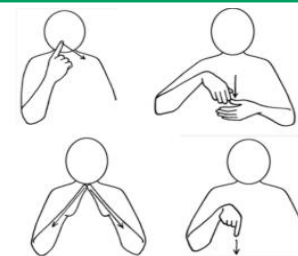


Monarch Butterflies

Key messages, celebration and practical reminders for Butterflies families.

This week in Monarch Butterflies we have been very busy! In Maths we have started learning about mass and capacity. We used our collection of Autumn items to work out which items were heavier or lighter, balance the scales and find out the capacity of different containers. In Drawing Club we have been looking at the 'musical' story of The Three Little Pigs. We started by drawing the main characters and thinking about how writing our 'code sentence' would make something magic happen to them, for example they could now fly. In P.E we have continued to practise our gymnastic positions, but have started to add in movement across the floor. We had some particularly great rolls and bunny hops this week!

Key news: Currently we are doing P.E on a Tuesday and Thursday. After half term we will be just doing it on a Tuesday. The children will be given ample movement breaks through each day and other activities to keep them active later in the week.



Huff, puff and blow
your house down!



Autumn/Winter Menu

AUTUMN WINTER MENU 2026 / 2027						 caterlink feeding the imagination	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MENU KEY:	
WEEK ONE 31.8 21.9 12.10 16.11 7.12 11.1 1.2 1.3 22.3	Option One  Beetroot and Lentil Burger in a Bun with Potato Wedges (VE)	Beef Lasagne with Garlic Bread 	Roast Chicken, Stuffing, Roast Potatoes and Gravy	Chicken Tikka Masala with Rice 	Fishfingers or Salmon Fishfingers with Chips and Tomato Sauce	 Whole grain	 Plant based
	Option Two Soya Mince Lasagne (V)	 Plant Balls in Tomato Sauce with Rice (VE) 	 Vegetarian Wellington with Roast Potatoes and Gravy (VE)	 Quorn and Lentil Tikka Masala with Rice (VE) 	Cheese and Bean Pasty with Chips and Tomato Sauce (V)		
	Sides Vegetables of the Day (V/VE)	Vegetables of the Day (V/VE)	Vegetables of the Day (V/VE)	Vegetables of the Day (V/VE)	Vegetables of the Day (V/VE)		
	Dessert Cheese and Crackers (V)	Apple Cake with Custard (V)	 Fruit Medley (VE)	 Jelly with Mandarins (VE)	Syrup Sponge with Custard (V)		
WEEK TWO 7.9 28.9 2.11 23.11 14.12 18.1 8.2 8.3	Option One Classic Cheese and Tomato Pizza with Wedges (V)	Spaghetti Bolognese 	BBQ Chicken, Seasoned Potatoes and Sweetcorn Salsa	Chicken and Sweetcorn Meatballs in Tomato Sauce with Rice 	Breaded Fish or Fishfingers with Chips and Tomato Sauce	 Added plant protein	 (VE) Vegan
	Option Two  Five Bean Chili with Rice (VE) 	 Vegan Bolognese with Spaghetti (VE)	 Lemon and Herb Quorn, Seasoned Potatoes and Sweetcorn Salsa (VE)	 Creamy Chickpea and Coconut Curry with Rice (VE) 	Cheese Whirl with Chips and Tomato Sauce (V)		
	Sides Vegetables of the Day (V/VE)	Vegetables of the Day (V/VE)	Vegetables of the Day (V/VE)	Vegetables of the Day (V/VE)	Vegetables of the Day (V/VE)		
	Dessert  Gingerbread Cookie (VE)	Chocolate and Beetroot Brownie with Chocolate Sauce (V)	 Fruit Salad (VE)	Sticky Toffee Apple Crumble with Custard (V)	 Vanilla Shortbread (VE)		
WEEK THREE 14.9 5.10 9.11 30.11 4.1 25.1 22.2 15.3	Option One Macaroni Cheese (V)	Chicken Enchilada Bake with Paprika Wedges 	Sausage with Roast Potatoes and Gravy	Mild Caribbean Chicken with Golden Rice	Fishfingers with Chips and Tomato Sauce	 (V) Veggie	
	Option Two  Mexican Bean Roll with New Potatoes (VE)	 Tomato Pasta (VE)	 Vegan Sausage and Roast Potatoes with Gravy (VE)	 Caribbean Stew with Golden Rice (VE)	Red Pepper Frittata with Chips and Tomato Sauce (V)		
	Sides Vegetables of the Day (V/VE)	Vegetables of the Day (V/VE)	Vegetables of the Day (V/VE)	Vegetables of the Day (V/VE)	Vegetables of the Day (V/VE)		
	Dessert  Oaty Cookie (VE) 	Pear Crumble with Custard (V) 	 Fruit Salad (VE)	Jamaican Ginger Cake with Custard (V)	Iced Sponge (V)		
AVAILABLE DAILY:		Salad Bar, Freshly Baked Bread, Fresh Fruit, Yoghurt					

If you would like to know about particular allergens in foods, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.

Attendance

**Whole-school attendance
(this year to date)**

93.5%



Our target > 95%

Attendance Top Tip of the Week:

Good routines make a big difference!

Preparing uniform, bags and breakfast the night before can help mornings feel calmer and make arriving at school on time easier.



Every day matters. Please speak to us if your family needs support with attendance or punctuality.

Safeguarding

Our Designated Safeguarding Leads (DSLs) work together to make sure every child at Dovers Green feels safe, heard and supported.

What is our role?

Safeguarding is everyone's responsibility, with our DSL team providing oversight and support. We:

- Listen to children and take their worries seriously.
- Support children and families when difficulties arise.
- Work closely with staff to identify concerns early.
- Work with other professionals and services when additional support is needed.
- Ensure safeguarding concerns are recorded, followed up and responded to appropriately.

What does this look like day to day?

Knowing our children well • being visible and approachable • listening carefully • noticing changes • working with families • acting when something doesn't feel right.

Need to speak to us?

Please speak to a member of the safeguarding team at the gate, through the school office, by telephone or by email. No concern is too small to share — we would always rather you speak to us if you are worried about a child.

Safeguarding is everyone's responsibility. Together, we keep our children safe.



Dovers Green will be regularly sharing resources from #WakeUpWednesday, providing simple, practical guidance to help families keep children safe and informed in an everchanging digital world.

You can also follow @wake.up.wednesday on Instagram for their latest guides, tips and advice.



Mrs Katie Keyte



Mrs Caroline McLough



Mrs Rachel Moxley



Mrs Lisa Brewis

Clubs and enrichment

Please note all our clubs are run by external companies, should you wish your child/ren to participate please contact them directly.

Monday 3.00pm – 4.00pm – Street Dance run by Inspire all aged groups - www.inspireacademyofdance.co.uk

Tuesday 08.00 – 08.40am – Playball all aged groups - www.playballkids.com

Tuesday 03.05pm – 4.05pm – Learn Play Achieve (Football) Years 1 & 2 only - www.learnplayachieve.com

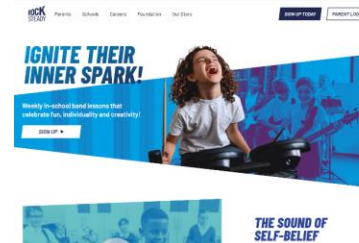
Thursday 03.05pm – 4.20pm – Let's Dance Junior – all aged groups - letsdancelivewithkelly@gmail.com

Friday – mornings only – Rocky Steady Music – all aged groups - www.rocksteadymusicschool.com

Friday mornings only – Academy for the love of Music – all aged groups – academyfortheloveofmusic@yahoo.com

Friday 3.15 – 4.00pm – Starlight Musical Theatre – all aged groups - www.starlightmusicaltheatre.com

Alternatively please look at our website for more details: www.dovers-green.surrey.sch.uk/page/?title=Extra-Curricular+Clubs&pid=168



Wrap Around Care

This week in Early Birds Breakfast and Tea-Time Tigers:



 EARLY BIRDS Breakfast Club 7.45am–8.40am	 TEATIME TIGERS After School Club 3.05pm–6.00pm
Dovers Green School Reaching up, Reaching out	GREENSAND

Sign Up Information:

Dear Parents and Carers,

We are pleased to welcome you to the Early Birds Breakfast Club (EBB) and Teatime Tigers After School Club (TTT). Our club is only available for children who attend school full time.

To allow your child to attend either club, they must be registered with us. Please note that a one-off registration fee of £10 applies.

Please complete the registration and booking forms and return them to **ebttt@doversgreen.surrey.sch.uk** or by handing them in at the School Office.

Please follow the link below for all the information you need, including registration and term and conditions.

[Breakfast and After School Club](#)

Contact Information



PTA and community

Hello Parents and Carers,

Here is a quick update on the PTA financials. 💰

Thanks to your generosity and participation in our fundraising activities, we have raised **£2,300** in September:

- 👗 non-uniform day: £235
- ♻️ second-hand uniform: £65
- ⚽ Clubfest at Priory Park: £2,000

We have spent £200 on a new gazebo which means we will no longer need to hire them from third-parties for our events. 🏡

Looking ahead, our next fundraising goal is to help create a **new library** on-site, an exciting opportunity for our children, fostering a love of reading. 📖

Every pound raised will help us get one step closer to make this vision a reality. 🎯

🎃 Our next fundraising event is our **Halloween Glow Disco on Thursday 15th**, don't forget to purchase your ticket via Arbor. Children are welcome to wear costumes; we can't wait to see everyone! 👯 🎱

Stay tuned for the October financial breakdown! 📄

Thank you for your continued support and enthusiasm.

Your PTA team.

PTA and community

Dovers Green PTA

HALLOWEEN

Glow Disco

THURSDAY, 15TH OCTOBER

SESSION 1: 3:45-4:45PM
Drop & Qo, TTT and Butterflies/SEN

SESSION 2: 5:00-6:00PM
All Pupils, Siblings (Parents must stay)

Celebrate the end of half term and raise funds for Dovers!

TICKETS: £6
(INCLUDES GLOW STICKS, GIFT & SNACK PACK)

FACE PAINT + TATTOOS, AND BALLOONS
BOTH £1 ON THE NIGHT!

Order Tickets via Arbor today!
Email pta@dovers-green.surrey.sch.uk with dietary requirements

NON UNIFORM DAYS

2026/27

£1 per day, or £10 for the year
All donations go directly to the PTA!

Friday 16th October
Friday 27th November
Friday 18th December
Friday 29th January
Friday 26th February
Thursday 25th March
Friday 30th April
Friday 28th May
Friday 25th June
Friday 23rd July

Easiest Option!

Scan to pay £1 for one week



pay.sumup.com/b2c/QPOYRHZG

Scan to pay £10 for the year



pay.sumup.com/b2c/Q3SFGE8Y

This half term, we're looking for parents, carers and families to lend a hand with a very special project at Dovers Green.

On Saturday 17th and Sunday 18th October, we'll be working together to begin installing The Starling Garden, alongside some general gardening and improvements across our school grounds.

The Starling Garden has been specially designed for Dovers Green, with beautiful planting and features to encourage birds, bees and other wildlife. We would love our school community to be part of bringing the plans to life! 🌱🐝🦋

 Can you lend a hand?

- We're looking for volunteers to help with planting, digging, clearing, preparing beds and general gardening.
- No gardening experience is needed and families are very welcome to get involved too!
- Whether you can spare an hour or a few hours, your help would be hugely appreciated.

 Saturday 17th & Sunday 18th October
Dovers Green School

🌸 Plant donations welcome too!

If you have any flowers, plants, shrubs or bulbs that you would be happy to donate, we would also love to hear from you. These will help us bring some extra colour and life to green spaces across the school site.

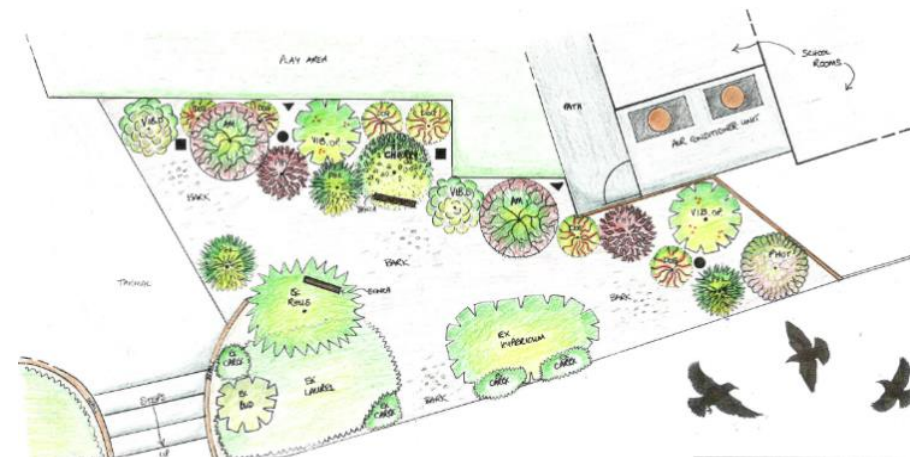
♥ We'd love you to join us

If you can help on either day, please use the link below to sign up and let us know when you're available:

 [Dovers Green Gardening Volunteers – The Starling Garden – Fill in form](#)

Come for as much or as little time as you can – every pair of hands will help us make a difference.

 Let's grow something special together.



Braiswick Photographic

Parent's online orders from the 30 September

Deadline **12th October 2026** to order online!

<https://www.braiswickdirect.co.uk/>



Braiswick Photographic Co Ltd

Braiswick Photographic
Co Ltd

01206 399800 | 01623 653652
customerservice@braiswick.co.uk
Wesley House, New Village, Cattawade, CO11 1RJ
www.braiswick.co.uk

MESSAGE FROM LOVEWORKS

Who can use the Loveworks food bank?

Loveworks operates on a referral only basis. If you need our support, please get in touch with one of the following organisations who can make a referral for you:

Citizens Advice, GP surgery, Surrey and Borders Partnership NHS Foundation Trust, schools, Housing Association and charities such as ESDAS, Mind, Money Wise, Way Through

<https://www.loveworks.org.uk/>



NEED FOOD BANK SUPPORT?

No-one should struggle alone

Loveworks Food Bank is here to support you if times are tough.



WE SUPPORT PEOPLE LIVING IN:

RH1 3 • RH1 5 • RH2 • CR5

If you fall outside these areas, then your local food bank should help you.

HOW TO ACCESS SUPPORT

Please ask one of the following organisations to refer you to us:

- Your GP surgery
- Citizens Advice
- NHS services
- Your child's school
- Housing Association
- Local charities including: ESDAS, Mind, Money Wise, Way Through

WANT TO HELP?

- Donate food
- Donate money
- Volunteer
- Fundraise

SCAN TO FIND OUT HOW YOU CAN MAKE A DIFFERENCE



info@loveworks.org.uk



www.loveworks.org.uk

Loveworks.org Ltd is a registered charity no. 1136381 and a company limited by guarantee 6506079
Registered address 3a-7a Bell Street, Reigate, Surrey RH2 7BH

October Half Term – Holiday clubs

Dear Parents,

Reigate and Banstead Borough Council's October half term activities are live for booking.

Take a look and book at www.reigate-banstead.gov.uk/school-holidays

Back by popular demand there is Film School, trampolining, gymnastics, circus skills, block printing, LEGO and SEND craft and multi-sports.

New for this half term we have mainstream multi-sports, African mask making and family pickleball.

Remember if you are in receipt of a means-tested benefit, have a looked after child or a young carer you can receive a 50% discount, please email leisure.services@reigate-banstead.gov.uk with proof of benefit/address.



Bookings are open for October half term activities!

Dear Parents and Carers,

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Kind regards,

The Leisure Team
Reigate and Banstead Borough Council
01737 276322

October Half Term – Holiday clubs

A Spooky Spectacular: Film & Fancy Dress Competition



**FRIDAY 30TH
OCTOBER
2026**

**11:00AM-
1:00PM**

Bring the grandchildren along for a spook-tacular Halloween celebration packed with fun for the whole family!

- 🍷 Trick or Treating
- 🎬 Family-Friendly Halloween Movie
- 👗 Fancy Dress Competition with Prizes
- 🍽️ Finger-Licking Lunch
- 🎮 Halloween Games and Festive Fun

Come dressed in your favourite Halloween costume and enjoy a wonderful day making special memories with family and friends.

To book your space, Contact our Client Liaison Team by calling 01737 742 760 or emailing enquiries.reigate@signaturesl.co.uk

RESIDENTIAL | NURSING | DEMENTIA CARE | RESPITE | REHABILITATION

Signature
AT REIGATE GRANGE

SIGNATURE AT REIGATE GRANGE
52 West Street, Reigate RH12 9DB
signature-care-homes.co.uk/reigate-grange

★★★★★
"When kids don't mean about leaving a screen you know you're onto a winner!"

The Outdoors Project

OCTOBER HALF TERM
HOLIDAY CLUBS FOR CHILDREN AGED 5-11

NERF: MISSION SPOOKTACULAR
0% SCREENS AMAZING ACTIVITIES
100% OUTDOORS CHARLIE & THE CHOCOLATE FACTORY
ULTIMATE HALLOWEEN ADVENTURE:
TRICKS & TREATS
SUPERHERO GHOSTBUSTERS:
STAFF SLIME LAB & GHOST HUNT
NEW: MINECRAFT 2.0

BOOK OCTOBER HALF TERM CLUBS NOW

LOCATION:	SANDCROSS PRIMARY SCHOOL
DATES:	19TH – 30TH OCTOBER
TIME:	08:45AM – 3:15PM
AGE RANGE:	AGES 5-11 (YEARS 1-6)
PRICE:	£ 39.50 (Tax Free/Childcare vouchers accepted)

WWW.THEOUTDOORSPROJECT.CO.UK
ENJOY £15 OFF YOUR FIRST BOOKING, USE CODE: REFER44701
Offers require a 1st Year Contract and Childcare Vouchers Accepted. Children aged 2-4 not included.

October Half Term – Holiday club



Reigate Priority Lawn Tennis Club
Green Lane, Reigate RH2 8JY

OCTOBER 2026 · JUNIORS AGED 4 TO 16

HALF TERM TENNIS CAMPS

MON 19 – FRI 30 OCTOBER Monday to Friday, both weeks of half term

MORNINGS
JUNIOR CAMP
9:30am – 12:00pm
Ages 4 – 11 (Reception to Year 6)

Full of games, rallies and matches, whilst making new friends.

- Small groups, split by ability
- LTA-qualified coaches
- Suitable for all levels

£22

AFTERNOONS · OLDER JUNIORS
PERFORMANCE SESSIONS
3:30pm – 5:00pm

Coaching and matchplay; competitive drills, longer rallies, plenty of points.

10 & under	Thu 22 & Mon 26
12 & under	Tue 20 & Tue 27
14 & under	Fri 23 & Wed 28
16 & under	Wed 21 & Thu 29

£18

BOOK ONLINE
rpltc.co.uk/holiday-camps

Places are limited, so please book early.
Head Coach Russell Dykes · 07870 271247 · russell@rpltc.co.uk

SCAN TO BOOK

Please bring a water bottle, a rain mac and a nut-free snack.

www.rpltc.co.uk

Bonfire Night Celebrations

Bonfire Night at *Reigate Grange*

THURSDAY
5TH
NOVEMBER

5.00PM-
7.00PM



Join us for a spectacular Bonfire Night Celebration!
Enjoy an evening of delicious food, wonderful company, and
dazzling fireworks as we come together to celebrate.

-  Firework Display
-  Buffet Dinner
-  Warm Refreshments
-  Fun, Laughter & Community Spirit

Come wrapped up warm and enjoy a magical evening under the stars
with family, friends, residents, and team members.

We look forward to celebrating with you!

Contact our Client Liaison Team by calling 01737 742 760 or
emailing enquiries.reigate@signaturesl.co.uk

RESIDENTIAL | NURSING | DEMENTIA CARE | RESPITE | REHABILITATION

Signature
AT REIGATE GRANGE

SIGNATURE AT REIGATE GRANGE
52 West Street, Reigate RH2 9DB
signature-care-homes.co.uk/signature-reigate-grange

Help us refresh our staff room!

Help us refresh our staff room!

Supporting staff wellbeing this half term

Our staff care for and support our children every day. This half term, we would love to create a calm, welcoming space where they can relax, recharge and connect.

Our proposed design – a little inspiration!

Comfort & colour

- House plants and pots
- Framed pictures
- Cushions and throws
- Rugs in good condition

Storage & kitchen

- Storage baskets
- Organisers and jars
- Mugs and trays

Coffee & snacks

- Tassimo-compatible pods
- Tea and biscuits
- Individually wrapped snacks

'Forgot your lunch?' basket

- Soup sachets
- Instant porridge
- Rice or pasta pots
- Cereal bars

Little extras for a relaxing break

Books and magazines • Jigsaws and puzzle books • Simple board or card games • Coasters

Could you lend a hand?

Wednesday 21 October

Help with painting, light DIY, cleaning or organising would be warmly welcomed. If you could spare a little time, please contact the school office to arrange when to join us.

Please contact the school office before bringing larger items, or to offer your time. Small donations can be dropped at the office.
info@dovers-green.surrey.sch.uk

Pre-loved items are welcome: please ensure they are clean and in good condition. Food donations should be unopened and in date.

Thank you for helping us care for the people who care for our children.

Can my child come to school?

As the winter months approach, and the bugs start spreading, please see below when they can and can't come into school. Please note we are happy to give children medication including Calpol/ Ibuprofen as long as a medication form has been completed, please come to the school office to complete one.

IS MY CHILD TOO ILL TO GO TO SCHOOL?

✓ Minor coughs & cold	✓ Ear infection
✓ Sore throat	✓ Cold sores
✓ Conjunctivitis	✓ Tonsillitis
✓ Respiratory infections	✓ Head lice

GO TO SCHOOL



✗ Whooping cough	✗ Covid
✗ High temperature	✗ Flu
✗ Chickenpox	✗ Scarlet fever
✗ Diarrhoea & vomiting	✗ Measles

STAY AT HOME



NSPCC – Flyers

NSPCC

Helpline

For any concerns about a child
help@nspcc.org.uk | 0808 800 5000

We're here for you

The NSPCC is the UK's leading child protection charity. We have been keeping children safe for over 140 years, and we are here to help with any concerns about a child, no matter how big or small.



Any of these worries sound familiar?

- My child is being bullied at school.
- My teenager hardly talks to me anymore.
- How can I talk to my child about healthy relationships?
- The child at youth club told me about a secret.
- It's not safe for me and my children at home.
- I'm struggling to feed my children.
- My neighbour's child is always crying.
- I don't know who my children are talking to online.



How can the NSPCC help?

The NSPCC Helpline can be contacted seven days a week, online or on the phone. Our child protection specialists are here to listen, offer advice, and support to take action if needed.

Whether you want to report child abuse and neglect, or are worried about a child and not sure what to do, we have advice for you.

It doesn't matter who you are – a parent, a family member, friend, neighbour or professional. Anyone can contact us for advice.

Do I have to say who I am?

There are lots of reasons why people want to be anonymous. You don't have to tell us who you are, where you live, or share your contact details. If you do choose to share any of these with us, you can ask us not to share them with other agencies – like the police or social services. However, if you told us something that made us worry that you or a child is being hurt or at risk, we would have to report this.

Call **0800 800 5000**

Visit nspcc.org.uk/helpline

Email Help@NSPCC.org.uk



Information from Barnardo's Surrey

I am writing to share information about Barnardo's Surrey Neurodevelopmental Services Out of Hours ADHD Helpline, which provides support, advice and guidance for parents and carers of children and young people with ADHD, or who present with ADHD-related behaviours.

Our helpline is available from **5pm to 11pm, 365 days a year**, offering families access to experienced practitioners outside of usual service hours. We can provide support on a wide range of concerns including sleep difficulties, emotional regulation, school anxiety and attendance, friendships and bullying, routines and daily structure, challenging behaviour, self-esteem, screen time and managing transitions. Families do not require a diagnosis or referral to access the service.

We would be grateful if you could share the attached flyer with parents, carers and relevant staff within your school community, for example through newsletters, parent communications or your school website. Raising awareness of the helpline may help families access support at times when they need it most.

Thank you for your support. If you have any questions about the service, please do not hesitate to contact us.

<http://www.barnardos.org.uk/surrey-positive-parenting.htm>

Best wishes,

Liana McGrath

Mindworks, Surrey, Out of Hours ADHD Parenting Helpline Team

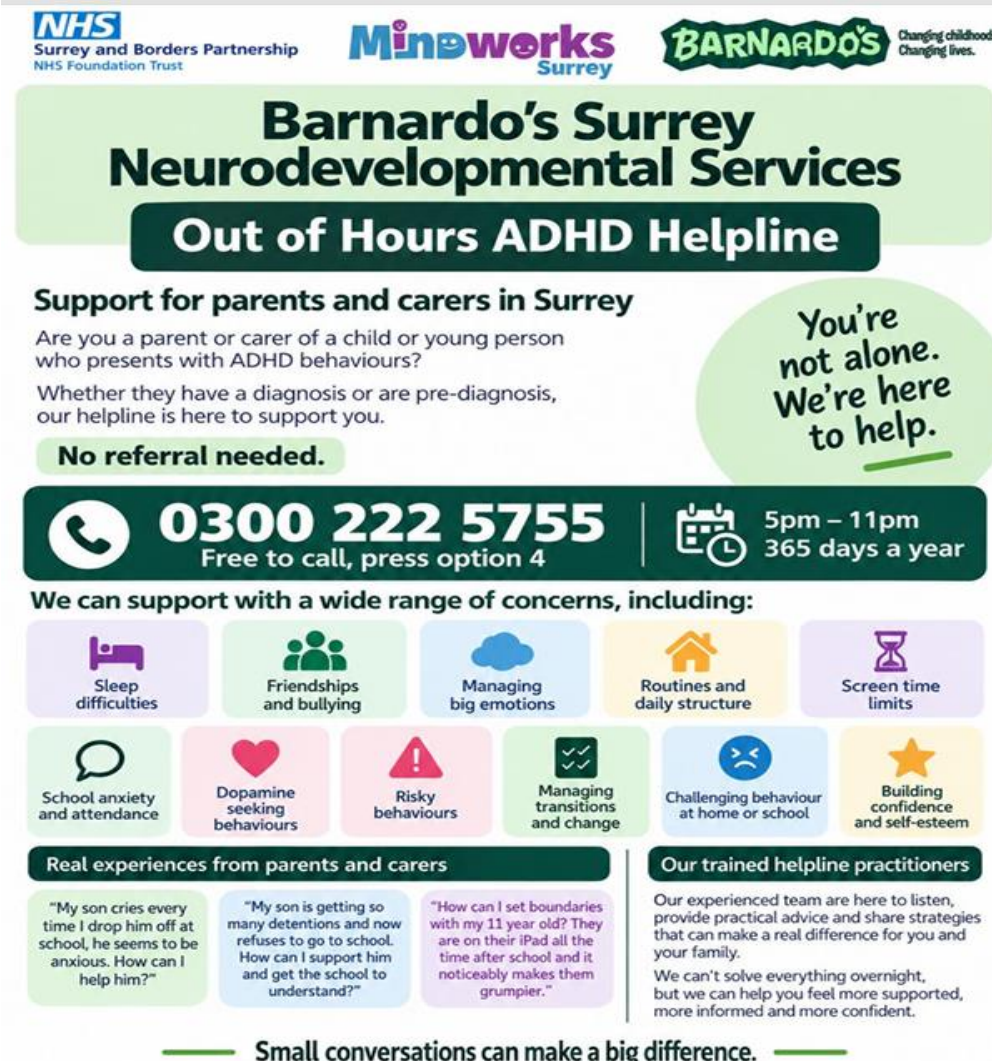
Working hours are in line with the Out of Hours Helpline 5pm-11pm Monday to Sunday.

Out of Hours ADHD Parenting Support Helpline 0300 222 5755 Option 4

(5.00pm-11pm 365 Days a year)

Surrey Positive Parenting Service

<http://www.barnardos.org.uk/surrey-positive-parenting.htm>



NHS Surrey and Borders Partnership NHS Foundation Trust

Mindworks Surrey

BARNARDOS Changing childhoods. Changing lives.

Barnardo's Surrey Neurodevelopmental Services

Out of Hours ADHD Helpline

Support for parents and carers in Surrey

Are you a parent or carer of a child or young person who presents with ADHD behaviours?

Whether they have a diagnosis or are pre-diagnosis, our helpline is here to support you.

No referral needed.

0300 222 5755
Free to call, press option 4

5pm – 11pm
365 days a year

You're not alone. We're here to help.

We can support with a wide range of concerns, including:

- Sleep difficulties
- Friendships and bullying
- Managing big emotions
- Routines and daily structure
- Screen time limits
- School anxiety and attendance
- Dopamine seeking behaviours
- Risky behaviours
- Managing transitions and change
- Challenging behaviour at home or school
- Building confidence and self-esteem

Real experiences from parents and carers

"My son cries every time I drop him off at school, he seems to be anxious. How can I help him?"

"My son is getting so many detentions and now refuses to go to school. How can I support him and get the school to understand?"

"How can I set boundaries with my 11 year old? They are on their iPad all the time after school and it noticeably makes them grumpier."

Our trained helpline practitioners

Our experienced team are here to listen, provide practical advice and share strategies that can make a real difference for you and your family.

We can't solve everything overnight, but we can help you feel more supported, more informed and more confident.

Small conversations can make a big difference.

Instagram

