

Key vocabulary

Choice	Picking or choosing
Hygienic	To make good healthy choices
Safety	To stay safe from danger
Frightened	To feel fear or worry about something
Germs	Little organisms which can make us poorly



Learning intentions

Please teach me to...

Know the difference between healthy and unhealthy choices.

Know that germs can cause you to become ill.

Know that all household products, including medicines, can be harmful if not used properly.

Recognise when I feel frightened and to know how to ask for help.



Supporting texts



Reflective questions

Ask me this...

Can you give me an example of a healthy and an unhealthy choice?

How can you look after yourself if you are feeling poorly?

What is the Green Cross Code?

How can medicines be harmful?

